



## ONLINE COMMUNITY BUILDING SESSIONS

A SHARED INITIATIVE BY CB-AFICIONADOS FROM GERMANY, AUSTRIA AND CZECH REPUBLIC

Dear friends, colleagues and interested people in community building! We hope you are all doing well!

The last weeks were full of lock down, self-isolation and yet a growing desire to experience community with others. In these weeks Online Community Building Projects emerged in different places. The community spaces which we created together were astonishing, touching, deep.

This motivated us to go one step further and join effort! We, 5 trained CB facilitators, will hold **open weekly / fortnightly CB Evening Sessions** in three different languages. These sessions suit for people which know CB already, but also for CB Newbies!

- In **English language**: Friday, 17<sup>rd</sup> of April, 5.30-8.30 pm (and fortnightly 1.5., 15.5. ... )
- In German language: Sunday, 19<sup>th</sup> of April, 5.30-8.30pm (and weekly 26.4., 3.5. ...)
- In Czech language: Wednesday, 8<sup>th</sup> of April 2020, 5.30pm-8.30pm (and fortnightly)

**(Coming Soon: Online CB Intense Workshop! 5 consecutive evenings with 3 hours CB in a closed group ... more informations will follow!)**

### GOALS:

- Connect to each other with extraordinary respect and unusual safeness
- Get to know and practice community building communication tools
- Learn about your personal resources and barriers to build community

### ZOOM IN!

- We use Zoom – to get the meeting link and the password please registering by sending an short email to [michael@communitybuilding.live](mailto:michael@communitybuilding.live)



### AGENDA:

- Introduction to Community Building (approx. 30 ')
- Process (approx. 120 ')
- Reflection and conclusion (approx. 30 ')

### FACILITATION:

- [Nadja Sumichrast](#) (AUT)
- [Michael Stadlober](#) (AUT)
- [Sabine Bartscherer](#) (DE), [Christoph Bergmann-Picard](#) (DE)
- [Hana Perglerová](#) (CZ)

### IMPORTANT!

Please commit to hang in there all the three hours!

### COSTS:

Especially now, money should be no barrier to participate! The sessions are free! If you can afford it, we are happy for a voluntary balance for organization and facilitation, via Bank Transfer (Michael Stadlober, IBAN: GB82 REVO 0099 7072 3299 48, BIC: REVOGB21, "CB Online ENG") or [PayPal](#)

### ORGANISATION:

Michael Stadlober, +43 650 7580924, [michael@communitybuilding.live](mailto:michael@communitybuilding.live)



[www.gio-facilitation.com](http://www.gio-facilitation.com)

(Sabine & Christoph)



[www.commbuildaustria.com](http://www.commbuildaustria.com)

(Nadja)



[www.communitybuilding.live](http://www.communitybuilding.live)

(Michael)



## THE CORONA-CRISIS AS CHANCE?

Scott Peck describes our deep human longing for peace and community, for peace in community, through community. A quite actual topic these days ... in which many of us in spite of bodily isolation also seek, find and experience new forms of solidarity and connection.

Is this crisis thus an opportunity for the growing of community? Personally, we experience how the crisis brings us together and the constructive human-social intelligence seems to be stronger than all the conflicts with which we have so long struggled daily.

So far it looks like an great opportunity, and a wonderful example of what Scott Peck described as “community through crisis”. Deaths in families, wars, natural disasters ... all of this brings people together on a deeper level, and this experiences are often remembered afterwards wistfully .

What is unique about the current “crisis-community” is that nobody is to blame. And that a lot of people all over the world are having very similar experiences. But what will happen when the crisis is over? And it will pass ...

How can we use this opportunity? How can being in community succeed and stay alive without a crisis, after a crisis? Or is this unrealistic wishful thinking? Which dynamics to expect afterwards? Which steps to make? How to rebuild again and again the community level? Many people ask themselves this question. It is now becoming clear how much we are all looking for answers, and how many paths people explore towards fulfilling their longing. Human creativity is limitless .. :-))

With the method of “Community Building”, Scott Peck has described a way through which groups can succeed to create a community with extraordinary respect and unusual security. Without an (external) crisis, if not for nothing. You need to be willing to commit yourself and to go through emotionally challenging situations. But it's worth it ...

We want to share this experience with you, especially during Corona times.